



Co-creation: Inclusive Processes for Collaborative Actions

ALFAwetlands training course March 2026

Maria Tengö, Stockholm University/Wageningen University

Erik Andersson, Stockholm University/University of Helsinki

Iryna Shchoka, European Wilderness Society

Marie Lorenz & Sophie Hirschelmann, Michael Succow Foundation

Training overview

Three sessions:

1: Setting up a living lab	March 12 th	09.00 – 12.00
2: Bringing plural actors together	March 18 th	13.00 – 16.00
3: Inclusive integrated strategies for action	March 26 th	13.00 – 16.00

Key resource:

The ALFAwetlands co-creation workbook:



Basic session rules

- Session is being recorded for internal organisers' use; *only trainers presentations parts will be available publicly*
- *Start/stop your camera at your convenience*
- Rename yourself for Certification tracking
- Keep your microphones muted unless invited to speak
- Only trainer or host is sharing screen
- Stay on topic - keep chat messages relevant to the session
- Contribute to Practice session in Breakout rooms and during panel discussion
- Write your questions or comments in the chat – we will address them according to Agenda



Thank you!

Co-creation: Inclusive Processes for Collaborative Actions

Session 3: Inclusive integrated strategies for action

ALFAwetlands training session 3

Session's structure



Re-cap and introduction of the day	13.00-13.10
Break out group discussions - homework	13.10-13.50
Theory	13.50-14.20
Break	14.20-14.35
Practice – from vision to strategies	14.35-14.45
Discussion	14.45-15.05
Panel – Lessons learned ALFA living Labs	15.05-15.25
Wrap up – round of reflections	15.25-16.00

Goal of today

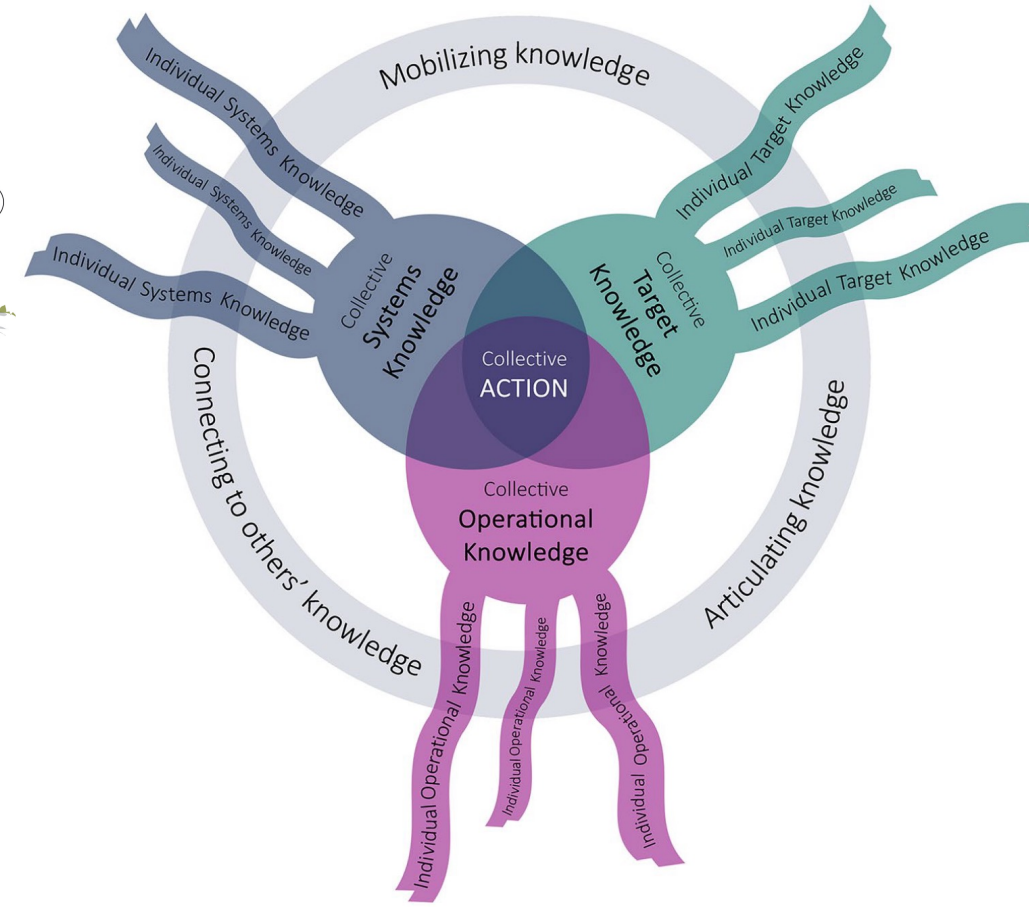
- Joint reflection on places as a way to engage with plural knowledges, meanings and values
- Theory on connecting knowledge and care with action
- Mobilizing and engaging with individual and collective agency
- Bring it all together

Recap - Theory

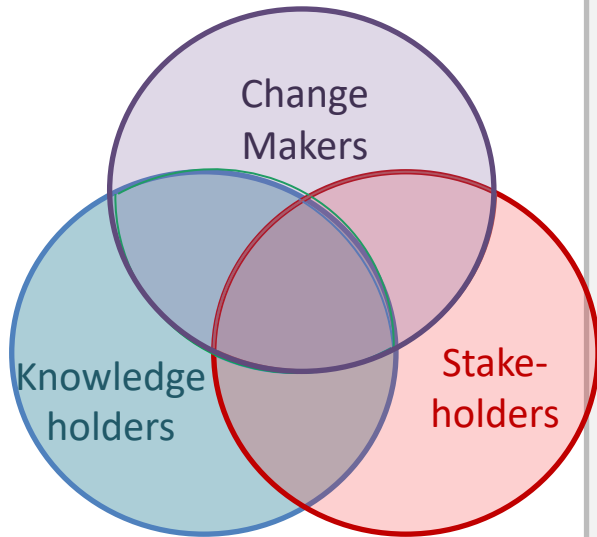
Systems knowledge
Target knowledge
Operational knowledge



Illustration Jako Robertsson,
Swedish EPA



Recap: Design



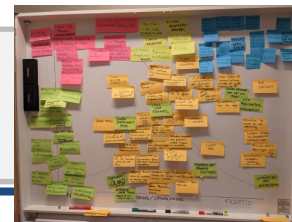
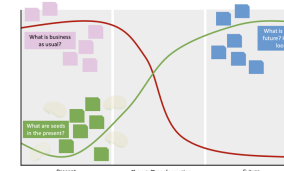
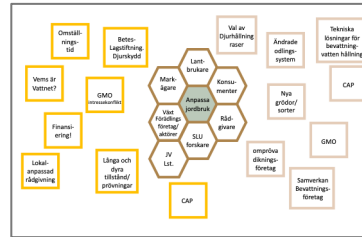
PREPARATION

Baseline mapping of actors and their respective knowledges

“Coalition for change”



Workshop 1: Social-ecological systems mapping



IMPLEMENTATION

Broad knowledge base

Place-based encounters and stories

Collective action

Individual and collective change-making

Workshop 2: Field visits and landscape walks



Workshop 3: Scenario thinking and strategies development

EVALUATION

bedded, reflexive evaluation

Break-out group discussion on homework: Place visits



Instruction for break-out groups:

1. Look at each others' pictures: plural place meanings of plural places
2. Reflect on:
 - How may visits improve articulation and connection of plural knowledge, meaning and values?
 - How can landscape walks inform action?

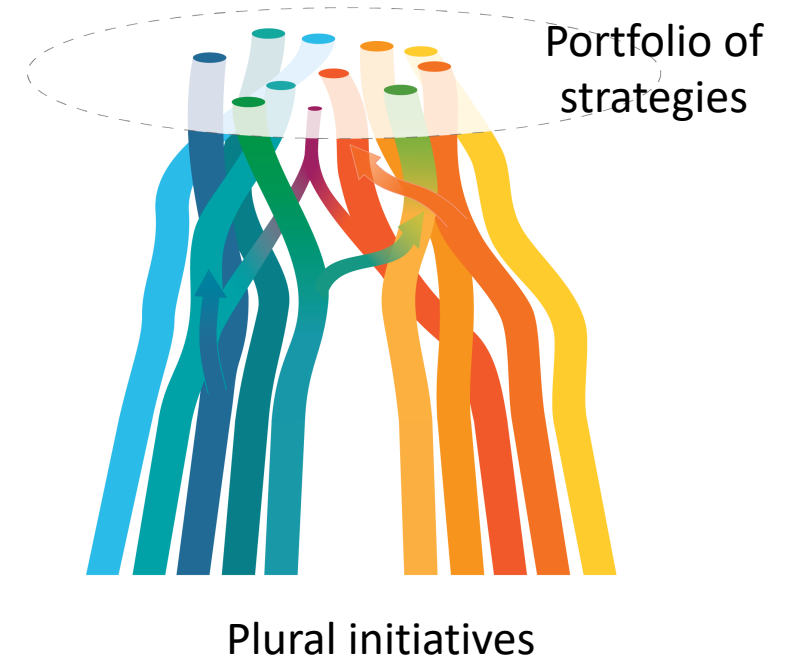
Popcorn sharing

- How may visits improve articulation and connection of plural knowledge, meaning and values?
- How can landscape walks inform action?

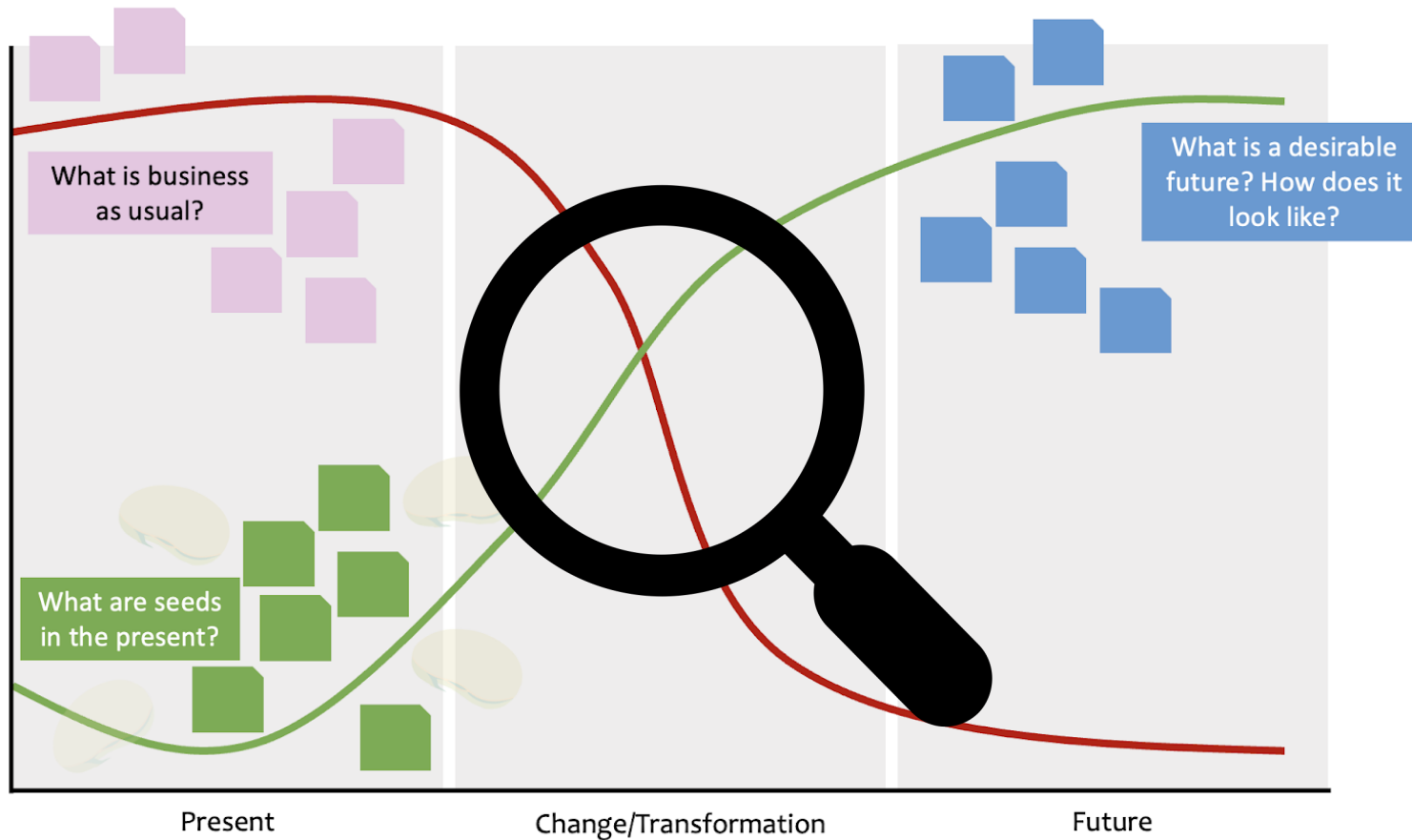


Theory: Inclusive integrated strategies for action

- Open up for different kinds of engagement
- Ways to engage: supporting, connecting, empowering actors/actor groups
- Working with existing initiatives



Visioning to connect with agency



Three horizon model
(Sharpe et al. 2016)

What needs to decline/ be disrupted?
What needs to grow/ expand?
Innovations....

Focus on agency
(Falardeau et al. 2019)

Who is needed for action?
What can I/ we do?

Questions or comments!



JOINT EFFORT OF 4 WETLAND RESEARCH SISTER PROJECTS

- Hub for wetlands restoration exchange (LinkedIn group)
- 4 Sister Projects admins
- Automatic joining



Wetlands Restoration

Private Listed

[Earn an Active Group badge](#)



15 min break!

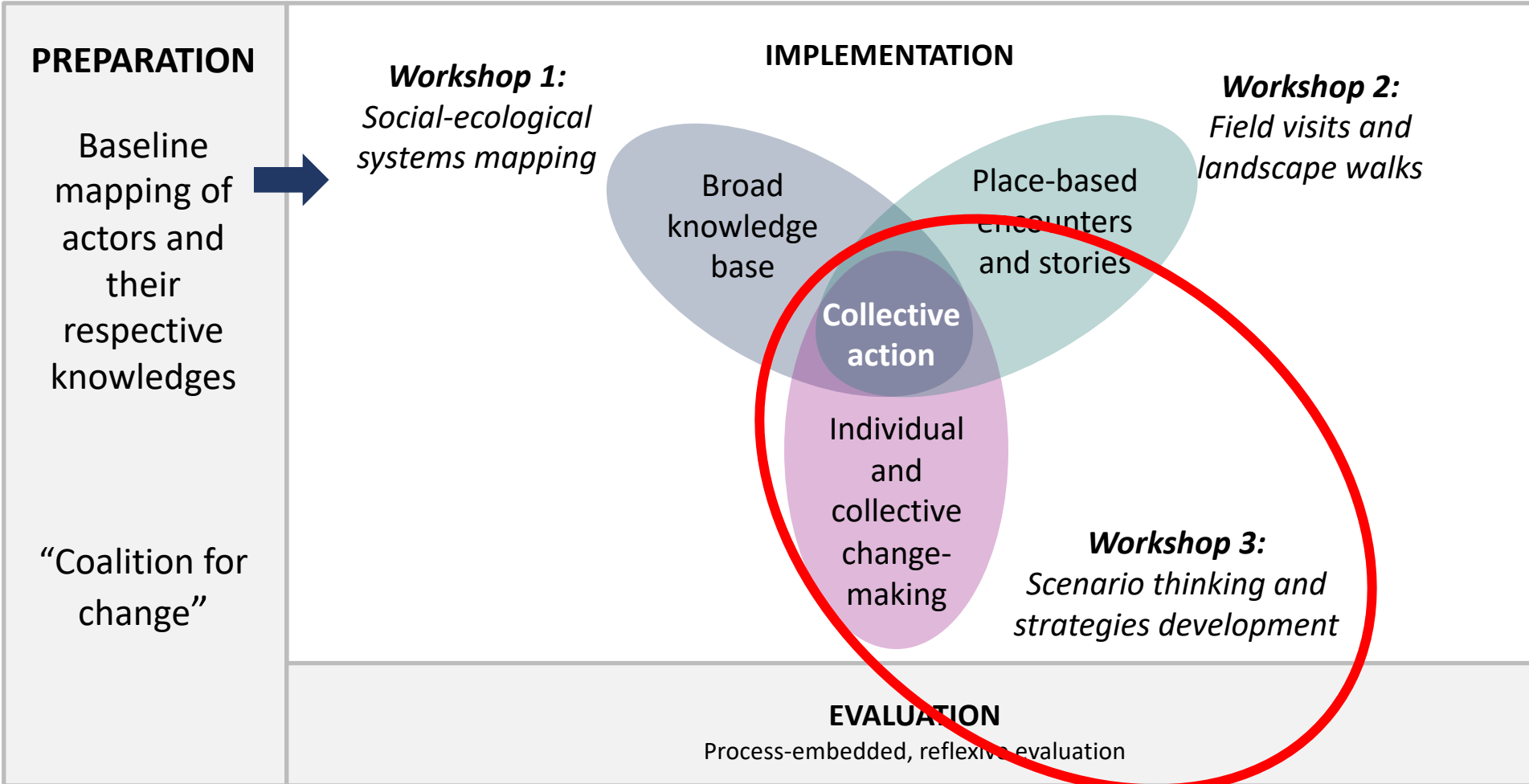


Practice



- Process design for connecting knowledge and values for action
- From visioning to strategies
- Discuss experiences

Process design for connecting plural actors and knowledge



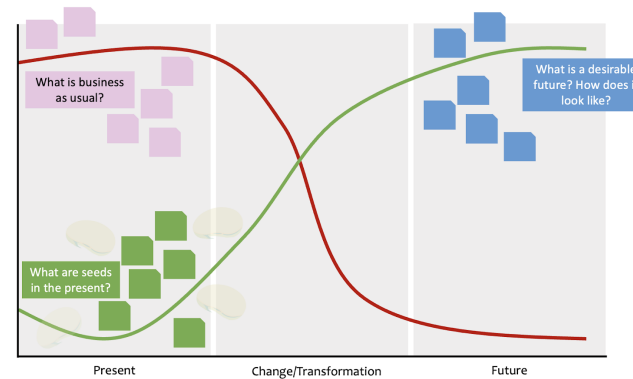
Seiferth et al. 2024

Process design: Workshop 3

Workshop 3: Scenario thinking and strategies development

Goals:

- (1) to mobilize (perceived) collective and individual agency
- (2) bring in building blocks from workshop 1 and 2
- (3) use visioning to develop integrated strategies



Seiferth et al. 2024, 2025

2. Quick brainstorming!

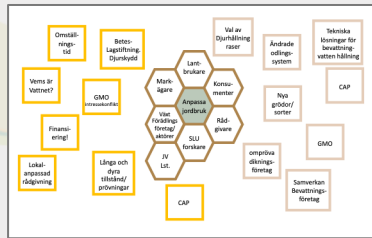
What is business as usual?



3. Spend time here – connect with previous workshops



What are seeds in the present?



1. Creative and imaginative methods!

What is a desirable future? How does it look like?



What needs to happen in the middle → strategies

<p>What needs to change/ what do we need to see less of? Why is this important?</p>	<p>What are barriers for change?</p>	<p>How can we overcome these barriers?</p>	<p>Which actors are needed?</p>
<p>What needs to grow/ what do we need to see more of? Why is this important?</p>		<p>Which innovations would be needed?</p>	

Landscape



Attitudes and values




Ways of working



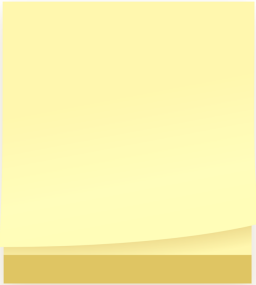
Think for yourself for 5 min's

<p>What needs to change/ what do we need to see less of? Why is this important?</p>	<p>What are barriers for change?</p>	<p>How can we overcome these barriers?</p>	<p>Which actors are needed?</p>
<p>What needs to grow/ what do we need to see more of? Why is this important?</p>		<p>Which innovations would be needed?</p>	

Landscape



Attitudes and values



Ways of working



Connecting with individual and collective agency



- How can I act/influence as an individual?
- How can I influence in my position, and through my networks?
- How can this group matter?

Strategies

What are critical pre-conditions?

How to work in practice?

What is the strategy?
How will it take us towards the desired future?

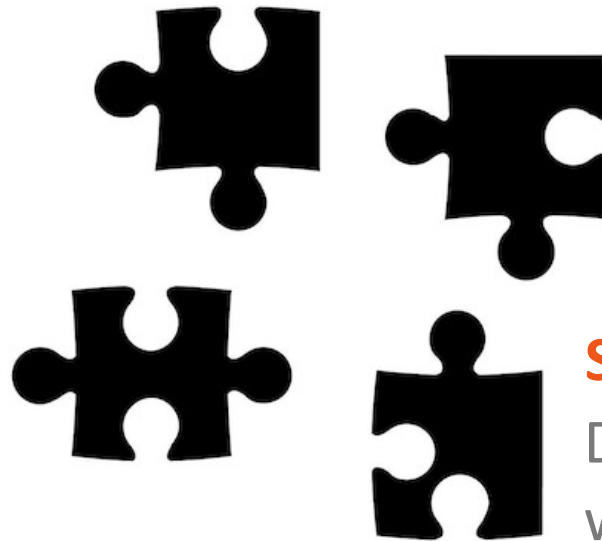
Who needs to be involved?

What are barriers and opportunities for implementation?

Strategies from Öland Living Lab

Strategy 1

Restoring hydrology:
landscape perspective on
restoration



Strategy 2

Make institutions for
drainage more flexible

Strategy 3

Campaign and
exhibition on
hydrology and
history

Strategy 4

Demonstration farms
with farmer to
farmer learning
about water

Questions or comments!



Wrapping up: Panel of 3 ALFAwetlands Living Labs



Answering 3 questions:

- What worked really well in your LL OR what was a key outcome?
- What was challenging or emerged as a key obstacle?
- What is needed for successful inclusive participatory restoration processes?
1 thing!!

Embedding research in Living Labs: insights from a case comparison of knowledge co-production processes

- Multiple-step reflection process with case leaders of four Living Labs
- **Effect of specific framings on actors' commitment to join workshop series**
 - Sustainability problem addressed
 - Links to collaborative structures or networks
 - Approach to long-term engagement
- **Roles of actor selection and process design for co-producing context-specific knowledge, nurturing shared understandings, and developing pathways forward**
 - Balance between overly similar interests and entrenched positions; breadth and depth of knowledge
 - Move from understanding the problem towards developing pathways forward
 - Provide guidance and direction while ensuring open-endedness
 - Centering activities for relating to others and place
- Investing in reflective practice to transparently discuss processes and outcomes of knowledge co-production remains essential for both conceiving and conducting societally relevant research in Living Labs



Closure: a round



What is needed for successful inclusive participatory restoration processes? 1 thing!!

Informing policy brief.....

Wrap up



Participatory and inclusive restoration as a practice

Supporting multifunctional landscapes with diverse values

How to do it – some ways of thinking, some concrete tools, and useful reflections

The need to articulate, share and build capacity for practice!

Mentimeter



menti.com
4852 3432

Certificate of Attendance



- Participants who attend all three sessions and
- Complete the required homework



Participation certificate

<<Name>>

for successfully completing the

ALFAwetlands Online Training Course Co-creation: Inclusive processes for collaborative actions

Session 1. Setting up a Living Lab. 12 March 2026.
Session 2. Bringing plural actors together. 18 March 2026.
Session 3. Inclusive integrated strategies for action. 26 March 2026.

The course consisted of three three-hour sessions covering co-creation theory and design in nature restoration, group exchanges, and exercises between sessions.

Trainers: Maria Tengö (Stockholm University), Erik Andersson (University of Helsinki), Marie Lorenz and Sophie Hirschelmann (Michael Succow Foundation)

Training course organiser: European Wilderness Society

GA N° 101056844



Funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or CINEA. Neither the European Union nor the granting authority can be held responsible for them.

ALFAwetlands offers more... Wetlands in action: joint webinar series



4 conducted and are on Youtube channel:

https://www.youtube.com/channel/UCI8_mIMGWIQ-YQI1hsHEbTg



2 Upcoming sessions:

- Session 4 on Policy Instruments, 21 of April, *registration is open*



- Session 6 on Key exploitable results, 06 May

Thank you for joining!

Find more resources at ALFAwetlands website:
[ALFAwetlands – www.alfawetlands.eu](http://www.alfawetlands.eu)

ALFAwetlands Co-creation training module

Within ALFAwetlands, we developed and launched the online training course **"Inclusive processes for collaborative actions."** The course is led by Stockholm University, ALFAwetlands partner and Work Package 2 leader, with contributions other ALFAwetlands [partners](#): Michael Succow Foundation and Natural Resource Institute Finland (Luke). Its overall organisation and communication are coordinated by the European Wilderness Society, leader of ALFAwetlands Work Package 6. The training course incorporates also highlights from the ALFAwetlands [Living Labs](#).



Join ALFAwetlands



info@alfawetlands.eu



<https://alfawetlands.eu>



<https://www.facebook.com/ALFAwetland>



<https://www.linkedin.com/company/alfawetlands/>



<https://alfawetlands.eu/alfawetland/newsletter/>



[@alfawetlandsproject](#)